

Leeds Parent Carer Forum & Health Services October 2025 to March 2026

Opening

Via the Leeds Parent Carer Forum families have feedback that they feel services do not have the **knowledge to support them with eating difficulties and there is no clear pathway for support / signposting to resources to support**. This impacts on the child and their wider family and can limit social interactions and schooling.

Opportunity

Health issues in Leeds are ongoing.

A member of the Voice, Influence and Transparency Working Group meets with the Leeds Parent Carer Forum and Health colleagues monthly to work on the health issues raised.

Outcome

Information about ARFID support has been added to the [Leeds Local Offer website](#).

The Leeds Parent Carer forum have:

- Delivered an ARFID support workshop for parents and carers at the 2025 Leeds Local Offer Live event.
- Surveyed parents at the Leeds Local Offer Live event (March 2025) around ARFID support and also shared the survey electronically. The final report was shared with the ICB in February 2026.
- Facilitated an ARFID support coffee morning for families in September 2025.

